

CASC Lab



- Are you interested in learning more about the lives of children and adolescents?
- Is your child between the ages of 8-14?
- Do you want to participate in exciting research taking place at McGill University?
- Need more information? Visit our website at:
www.psych.mcgill.ca/lab/dirks

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www.psych.mcgill.ca/lab/dirks
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CASC Lab

Child and Adolescent Social Competence Lab



A research group interested in the social lives of children and adolescents

Director: Dr. Melanie Dirks
www.psych.mcgill.ca/lab/dirks





Who are we?

We are a team of researchers under the supervision of Dr. Melanie Dirks in the psychology department at McGill University. Our research group consists of graduate and undergraduate students, research assistants, and volunteers, who are all interested in the social behaviour of children and adolescents. We are dedicated to learning more about the social lives of children and adolescents in order to help those with social difficulties. If you would like more information on our research or team, please contact us or refer to our website:
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What do we do?

We study the social lives of children and adolescents. Specifically, we examine how youth manage challenging social situations, such as when a classmate says something mean to them, or when a friend betrays their trust, and how their responses are viewed by important people in their lives, including their peers, teachers, and parents. We also study how youth's behaviour in social situations is related to psychological problems, such as depression and anxiety.

Why do we do it?

Ultimately, we hope that our studies will allow us to figure out how best to help children and adolescents who are struggling socially. Unfortunately, many youth have trouble getting along with kids at school or making good friends. These difficulties are very painful and can have a long lasting negative impact. We are trying to figure out the most effective way to manage really tough social situations, so that we can teach these strategies to youth who are having problems socially.

Interested? What is involved.

We are always looking for families to participate in our research. Our studies take place at McGill University in downtown Montreal. Typically, our studies involve different activities such as playing computer games, completing surveys, or answering questions about behaviour and feelings. Our studies usually take about 2 hours. We are happy to pay for transportation to and from our lab, as well as parking, and families are reimbursed for their time.

Contact Information

Interested? Have any questions? For more information, or to have your family included on our list of potential participants, please get in touch with us over the phone or through e-mail. We would love to hear from you!

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